



# ARU Referral Process

This referral package is intended to assist clinicians outside Scottsbluff, Neb. in making referrals to the Acute Rehabilitation Unit at Regional West Medical Center. We appreciate your referrals and would like to make the admission process as easy as possible. Please call our Referral Line at 308.630.1212 to initiate your referral.

## Conditions we treat

We are equipped to treat patients age 19 years and older with the following conditions:

- Stroke
- Brain injury
- Orthopaedic
- Spinal cord
- Medical/Surgical debility
- Other neurologic disorders
- Amputation

## Physical requirements

Patients must be able to participate in three hours of therapy per day, and must have attainable, functional goals.

Patients requiring case-by-case review: patients age 15 to 18 and patients with C2-C5 spinal cord injuries may be appropriate for admission but require prior case-by-case review.

**Exclusions:** We are not equipped to treat comatose patients or those whose conditions include:

- Medical instability
- Ventilator dependence
- High cervical spine lesions necessitating special equipment/resources
- Severe burn management
- Telemetry
- IV beta blockers
- Co-morbidities requiring a negative pressure room

## Referral process

For each referral, please fax the following information to 308.630.2045.

- Patient's demographic page
- Copy of current insurance cards (front and back)
- History and physical
- Physicians' notes and orders (most recent)
- Physical, occupational, and speech therapy notes
- Current nursing notes
- Medication list
- Abnormal lab and diagnostic tests

Discharge summary will be required for admission.

## Delayed admissions

If a patient is not able to be admitted to the Acute Rehabilitation Unit within 48 hours of initial referral, referral information will need to be updated.

