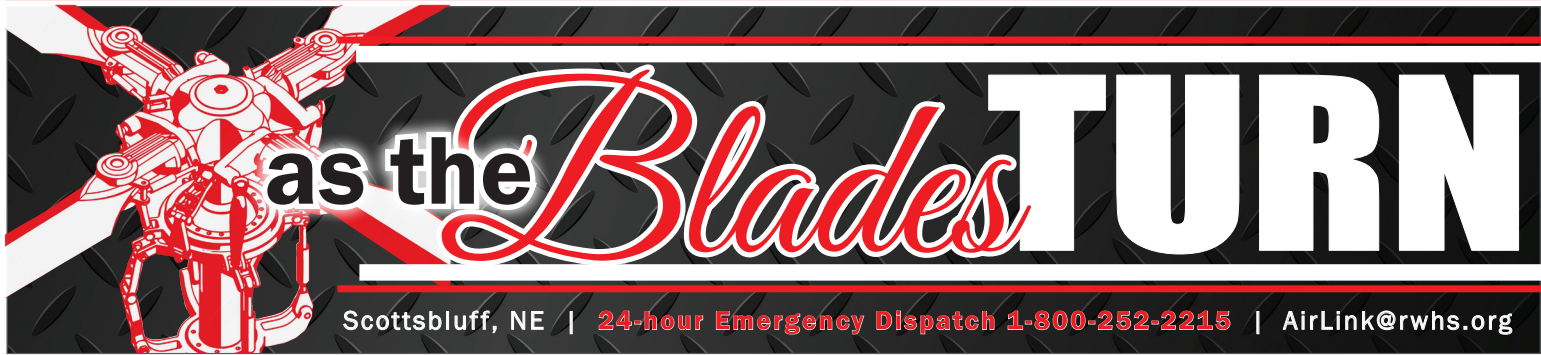




Micki Votruba, RN, BSN, CFRN

It's Spooky Season!

The latest updates

It's spooky season but there is nothing spooky about the care you receive when the Air Link crew arrives. We have spent the last several months with lots of in-class education and plenty of hands-on skills training. We pride ourselves on a continuous learning environment and actively seek out new opportunities. Often, it is when we collaborate that we see the greatest learning. That said, if your service has an educational opportunity they would like to present or an idea you need help making come to fruition for your team or your community, we would love to help!

You do not want to miss out on our annual Education Conference on Nov. 15 – it's FREE, the chili is EPIC, and you get seven CEs just for hanging out with us all day. See the attached conference information for all the details.



After a lot of time and effort put in by our chief flight nurse and medical director, we are so excited to be able to carry whole blood. While you may be aware that we have always been able to bring packed red cells and some other blood products from our lab, we are very encouraged by the added benefits of having whole blood. By providing a balanced mix of all the blood components (red cells, plasma, and platelets) in one product, whole blood can improve survival rates in trauma patients and some medical patients. This balanced approach to resuscitation leads to better outcomes with fewer infusions. We already know that delivering blood products, no matter where patient contact is made, is paramount, so being able to balance that resuscitation from the start is a great improvement in our patient care.

You can help! The Blood Center at Regional West draws approximately 3,000 units of blood per year, which are transfused to approximately 880 panhandle patients in need.

Donating locally means you help save lives locally. Becoming a new donor is both important and appreciated, but equally important is becoming a regular, repeat donor. A healthy donor can donate blood every 56 days. Think about setting a goal of donating three to four times a year.

Walk-ins are welcome for blood donations, but appointments are preferred. Call or text the Blood Center at 308-637-2337 today to schedule your appointment.

Monday, Tuesday, Wednesday, and Friday 7:30 a.m. to 3 p.m., Thursday 7:30 a.m. to 6 p.m.

Congratulations, Dee!



Beginning her nursing career as an LPN at West Nebraska General Hospital (now Regional West Medical Center) in 1987, our very own Dee Vogel, RN, BSN, CFRN has been with Air Link since the beginning! We would be remiss not to celebrate her during Air Link's birthday celebration. Thank you, Dee, for your 38 years of dedication to the nursing profession and for helping shape the Air Link program into what it is today.

We love you!



Thank you, Dr. Meyer!

Having served our area as a beloved emergency physician since 1995 and providing unsurpassed guidance (and laughs) as the Air Link medical director since 2005, Peter Meyer, MD has decided he is ready for retirement. Dr. Meyer, words cannot begin to express how thankful we are for the years you have dedicated to our team. Your medical expertise delivered in a way "so simple even a flight crew can understand" will be carried with this program long after you take to the "easy" retirement life! Thank you so much for your 30 years of service to our program. **We love you!**





EDUCATION CONFERENCE

Please plan on joining the Air Link flight team for a day of learning and hands-on skills!

Saturday, Nov. 15 | 8 a.m. to 4 p.m. FREE
Regional West Education Center

Some sessions will be hands-on, skills oriented, and will include:

Pediatric, obstetric, trauma scenarios/skills, patient management challenges, and much more!



2nd Annual Chili Cook Off!

Please bring your \$1 bills as you test your way through a few bowls with the right to vote for your favorite chili. All proceeds will go to the top three winning participants.

Register now
by scanning the QR code or visiting
<https://www.surveymonkey.com/r/2025AirLink>.



A light breakfast will be provided.

Please direct any questions to Trish at Trisha.Garner@rwhs.org or 308-430-1440.

Leave a message or send a text if she is unable to answer.

Content and speakers are subject to change due to circumstances out of our control.



4021 Avenue B | Scottsbluff, NE 69361 | 308-635-3711 | RWHS.org

Requests for approval for contact hours must be received by the Education Department Coordinator 30 days in advance of the program. In order to expedite approval, the requestor must submit all course information in one package and will include: course overview/description, measurable objectives/outcomes for the participants, current CV of the presenter, lesson plan, equipment needs, evaluation tool. If CBRN contact hours are requested, the requestor MUST comply with all California Board of Nursing rules/regulations and offerings must be applicable to enhancement of nursing practice. In addition, presenters for programs where CBRN contact hours will be issued, MUST meet or exceed all California Board of Nursing requirements. After completion of the education event, a completed roster with verification of issuance of contact hours will be included in the educational offering file. All records will be under the control of the education department and will be open to inspection as needed. Provider approved by the California Board of Nursing. CEP Provider #CEP17850 for 7.0 contact hours.

In the case of an unexpected need to cancel the offering/course/program pre-registered participants will be notified by text/email/phone. The participant may request a full refund or may apply their fee to another/rescheduled offering. Refund requests will be processed within 30 days. In the case that the participant must cancel less than 48 hours prior to offering, RWHS may at their discretion refund full/partial fees that have been pre-paid. Refunds will be processed within 30 days. In the case of a "no-show" without notification, RWHS is not obligated to refund any prepaid fees. If you are ill, please do not attend in person. In most cases we can arrange remote access. All participants are encouraged to plan ahead and if there is a need to cancel, please notify the Education Department in advance so we may fill that slot. Refund requests will be reviewed and processed within 30 days.