

Mission Statement

The mission of Regional West Medical Center's Acute Rehabilitation Unit is to provide a comprehensive rehabilitation program of the highest quality in order to improve the functional independence of those we serve.

Our Commitment to You

It is the policy of the acute rehabilitation unit that all team members will act in a manner consistent with the mission, philosophy and operating policies of the program. In accordance with these principles and policies, team members will:

- Show respect for the dignity of the individual whether patient, family member, co-worker, client or any other person.
- Provide the highest quality clinical and customer-related services.
- Demonstrate fairness and honesty in all interactions with the public.
- Adhere to its professional codes and practice guidelines.
- Provide an accurate portrayal of the services and outcomes of the program.
- Be ethical in all marketing and public relations activities.

Services Provided

- Rehabilitation Medicine
- Rehabilitation Nursing
- Physical Therapy
- Occupational Therapy
- Speech and Language Pathology
- Social Work/Case Management
- Psychology
- Orthotic & Prosthetic Consultations

Scope of Services

The following parameters not only apply to the medical rehabilitation program, but also to the stroke specialty program. Persons served will receive a minimum of three hours a day of physical, occupational, and speech therapy. The three hours of therapy will be scheduled throughout the day and will consist, not only of walking and mobility, but other activities such as dressing, feeding and cognitive training based upon your needs.

The Acute Rehabilitation Unit will accept adolescent patients between the ages of 16 to 18 on a case-by-case basis.

The acute rehabilitation unit will serve as a resource for suggestions for alternative placement when patients referred do not qualify for our program.

Contact Information

Program Director | 308-630-1070



4021 Avenue B | Scottsbluff, NE 69361
308-630-1440 | rwhs.org



2024 Disclosure Statement



Patients Served

The acute rehabilitation unit (ARU) provides services for patients who have suffered functional loss due to a disabling illness or injury, including the following:

- Stroke (CVA)
- Closed Head Injury
- Neuropathy and Myopathy
- Spinal Cord Injury
- Peripheral Nerve Injury
- Multiple Trauma
- Hip Fractures and Joint Replacements
- Amputations
- Active Poly-articular Arthritis
- Degenerative & Progressive Neurological Disorders
- Guillain-Barre’
- Multiple Sclerosis (MS)
- Parkinson’s Disease
- Cancer
- General Medical Debility

Payor Source Information

Medicare pays for the cost of inpatient rehabilitation provided that the patient meets criteria at admission and during his or her stay. The medical director will determine if the patient meets criteria, but it is always subject to review from Medicare.

Private insurance, Medicaid and managed care benefits will be verified prior to admission and pre-authorization for admission obtained. This is not a guarantee of payment. Throughout the patient’s stay, hospital utilization review personnel will work with the insurance company to obtain continued authorization.

Private payment can be arranged through Regional West Medical Center Patient Access by calling 308-630-1462.

Persons without insurance coverage are admitted only after approval by hospital administration.

Third party funding sources such as Workers’ Compensation and Vocational Rehabilitation can be explored as needed.

Length of Stay

Many factors will influence the patient’s length of stay, including severity of injury, previous health status and medical complications

The rehabilitation team will work with patients and their families to help determine the best discharge environment for the patient based on his or her needs at the time of discharge.

The team will assist the families of patients who are unable to return to their home in making other arrangements.

Patients Served in 2023

Diagnostic Mix

Diagnosis	Number of Patients
Stroke	33
Orthopaedic	57
Brain	18
Spinal Cord	34
Debility	41
Neurological	7
Amputation	11
Multiple Trauma	27
Pain	1
Arthritis	0
Total	229

